ST JOSEPH'S RESIDENCE INC
WEEKLY MENU Fall/Winter 2013

WEEK 5

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Orange Juice	Apple Juice	Orange Juice	Apple Juice	Orange Juice	Apple Juice	Orange Juice
Hot Cereal	Hot Cereal	Hot Cereal	Hot Cereal	Hot Cereal	Hot Cereal	Hot Cereal
Toast	Toast or Raisin Toast	Toast	Toast	Toast	Toast	Toast
Cheese Slice	Peanut Butter	Poached Egg	Cheese Slice	Scrambled Egg	Peanut Butter	Boiled Egg
Jam	Jam	Jam	Jam	Jam	Jam	Jam
Potato & Onion Soup	Green Bean Soup	Cream of Mushroom Soup	Bean & Bacon Soup	Apple Zucchini Soup	Chicken Gumbo Soup	Cream of Vegetable Soup
Western Scrambled Eggs Toast	Chicken Divan Mixed Vegetables	Boston Blue Fish Tartar Sauce/Coleslaw	Hot Dog Potato Puffs	Shaved Roast Beef Sandwich/Pickled Beets	Waffles/Fruit Sauce Bacon or Sausage	Cheeseburger Tomato Slices/Pickles
Alt: Roast Beef Sandwich/Pickles	Alt. Ham Salad Sandwich/Pickles	Alt. Chicken Salad Sandwich/ Pickles	<b>Alt:</b> Egg Salad Sandwich/Pickles	Alt: Grilled Cheese Sandwich/Pickles	Alt. Chicken Salad Sandwich/Pickles	<b>Alt.</b> Salmon Salad Sandwich/Pickles
Diced Peaches	Jelly Poke Cake	Mandarin Oranges	Fruit Cocktail	Pina Colada Square	Assorted Desserts	Jell-O
Lemon Chicken	Baked Tortellini		Chicken Parmesan	Breaded Fish	Beef Stroganoff	Roast Pork
Rice Pilaf	Focaccia Bread Stick	RESIDENT CHOICE	Mashed Potato Gravy	Oven Roasted Potato Tartar Sauce	Buttered Noodles	Mashed Potato Gravy
PEI Mixed Vegetables	Caesar Salad		Garden Blend Vegetables	Carrots	Green Beans	Steamed Cabbage
Orange Cake	Fresh Fruit	Lime Jell-O Whip	Vanilla Pudding	Ice Cream	Brownie	Fruit Trifle
Alt. Pork	Alt. Chicken	Alt. Fish	Alt. Beef	Alt. Chicken	Alt. Pork	Alt. Beef

Dietitian:	Date:	